

Table 2. NRC daily nutrient requirements for pleasure and endurance horse at average maintenance and moderate workload, respectively.

	Ca (g)	P	Mg	K	Na	CP	DE (Mcal)
Pleasure	20	14	7.5	25.0	10.0	630	16.65
Endurance	35	21	11.5	32.0	17.8	768	23.31
	Fe (mg)	Cu	Zn	Mn	Mo	Se	Co
Pleasure	400	100	400	400	None	1.0	0.5
Endurance*	450	112.5	450	450	None	1.13	0.6

Note: Pleasure horse at NRC Average Maintenance: average alertness, mood and activity levels on turn out. Endurance horse at NRC Moderate Work: 3 to 5 hours per week; 30% walk, 50% trot, 10% canter, 5% low jumping, cutting or other skill work.

*For Work/Training NRC trace element amounts for Fe, Cu, Zn and Mn remain the same as those for average maintenance but intakes (% BW) are increased to reflect higher levels required for exercising horses, e.g., 2.25% BW for moderate workload versus 2% BW for average maintenance.